

The Grapevine



President's Message

What an exceptional start to the new year for the Grape Stompers! It was a thrill to see eight squares on the floor and almost two more in attendance for our anniversary dance. Yes, a bit cozy on the Senior Center floor, but Pat's lively calling kept everyone entertained. On the following day, 33 GS (including ten class members plus Pat and Monica) met at the March Air Museum for a private tour led by docent Mike Schmitz, who for 2.5 hours shared his encyclopedic knowledge of the aircraft, the wars in which they were used, and the museum memorabilia.



In addition, Mike entertained us with stories from his days in the military and while working drug enforcement. You can't recall the names of the aircraft? No problem! Lanny took great photos and labelled the planes. See additional photos from the tour and from the restaurant on page 8 and on our website (grapestompers.net).

Our dedicated mainstream and plus class members are sailing along with Pat at the helm and graduation in sight. I say dedicated because they stuck with the program despite the January rains and various toilet issues.

And, we ended January on a high note, with 15 GS attending the Sandpiper dance in Carlsbad, where Mike Seastrom called a fun dance. This leads us right into February, where we have two visitations scheduled (choose one or both). The first one, on Feb. 4, is the PSDA 73rd anniversary dance with Don Schadt calling (he called a great dance for us last September). The dance format guarantees at least 1.25 hours of plus dancing, and it's just 36 miles from Temecula. The second visitation is on February 25, where Pat will be the featured caller. You know that he will call a lively dance with everyone having fun. More details on this dance later in the month.

Our second great social event of the year will take place on Sunday, February 5. We will start the festivities at 1:30 sharp with a potluck at the lovely Fallbrook home (majestic views) of Matthew and Shari Reabold, followed by a dance party and desserts at 3:00 at the community clubhouse, which is only a few minutes from their home. Pat will call a fun dance for class members and angels with alternating mainstream and plus-level dancing and two angel tips. See the themed flyer on page 3 and all the details, including the gate code and parking instructions in my email, which I will resend as a reminder a few days before the event.

Our club dance on Feb. 18 will feature Mike Sikorsky from Mesa, AZ. You don't want to miss Mike's great calling and his stage antics. Let's fill the Senior Center again for an evening of fun dancing.



I couldn't possibly close my message without mentioning the superb surprise when I was called to the stage at our anniversary dance for a thoughtful and loving presentation by the GS Board. Heartfelt thanks for all the kind words and beautiful presents. Who would have ever guessed that by asking a simple question in the fall of 2011, I would suddenly be appointed the club secretary, then serve as co-president and president? However, I would never continue to do this without the backing of a superb Board. You can ask any club to the north or the south; all will testify that the GS Board is the most dedicated and hardworking. They know me so well that they were able to choose many of my favorite things as presents.... a gift card to my favorite garden restaurant and an antique container filled with purple and lavender flowers that fits perfectly with my décor. (You might even recognize some of the decorations from the anniversary dance!)

Hugs. *Agnes*

February

Birthdays

| | |
|---------------|-------------|
| Sheri Mankin | February 8 |
| Susie Burdett | February 15 |
| Don Weeks | February 18 |
| Lowell Jay | February 19 |

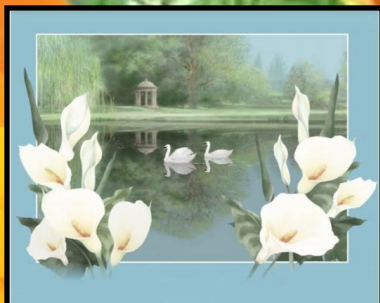


Anniversaries

No February anniversaries.

Sunshine

No "Get Well" wishes
were needed last month 😊



Thank you all so much for your
thoughtfulness during this time. We are
beyond blessed.

Chuck and Melanie

Stay
Healthy

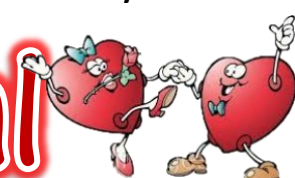
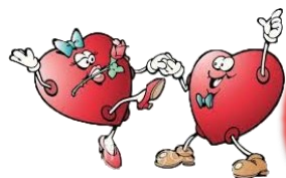
Why SQUARE DANCE?

Physical Benefits

- Low-impact aerobic exercise
- Equal to walking 3-5 miles
- Lower blood pressure
- Strengthen bones
- Reduce risk of osteoporosis
- Improve coordination
- Reduce stress
- Improve balance
- Increase flexibility
- Burn calories
- Lose unwanted pounds
- Reduce risk of diabetes
- Loosen stiff joints
- Tone muscles
- Less risk of injury compared to other forms of exercise
- Add fun-filled years to your life!!

Mental and Social Benefits

- Enhance mood
- Induce Laughter
- Stimulate brain function
- Mentally challenging (like solving a puzzle)
- Improve memory
- Pattern recognition & spatial awareness
- More fun than a stationary bike or treadmill
- Develop a large circle of friends
- Antidote for isolation and depression
- Forget your troubles
- Dance your cares away
- Develop teamwork & cooperation
- Improve confidence
- Positive outlook
- Work together to accomplish a goal
- No stress of competition
- A team sport where everyone wins
- Square dancing is friendship set to music



Our February Social



FEB SOCIAL EVENT

SUNDAY, FEB 5, 2023

3877 WENDI COURT

FALLBROOK 92028



POTLUCK: 1:30 SHARP

YOUR GRACIOUS HOSTS, MATTHEW & SHARI REABOLD,

WILL PROVIDE LASAGNA

PLEASE SIGN UP TO BRING A SALAD, SIDE DISH, BREAD, OR DESSERT

DANCE PARTY AND DESSERTS: 3:00 – 5:30

PAT CARNATHAN CALLING - \$7.00/PERSON

ALTERNATING MAINSTREAM AND PLUS TIPS WITH 2 ANGEL DBD TIPS

BROOK HILLS CLUBHOUSE, 4999 BROOK HILLS ROAD

(JUST 3 MINUTES FROM MATTHEW & SHARI'S HOME)



BROOK HILLS CLUBHOUSE



GARDENS AT BROOK HILLS







Our February Dance

Temecula Grape Stompers

SWING YOUR SWEETHEART

Saturday February 18th 2023



See New Start
Time Below



Mike Sikorsky



Rey Garza

NOTE *
TEMPORARY
LOCATION

Mary Phillips Senior Center
41845 6th Street
Temecula, CA 92590

Pre Rounds 6:00
Squares/Rounds/Lines
6:30 – 9:00

\$10.00



For Info: 951-676-5216

CCHA & PSDA Affiliate
www.grapestompers.net



Our March Dance

Temecula Grape Stompers

Shamrocks and Leprechauns



Saturday
March 18th 2023



**See New Start
Time Below**



David Mee Calling
Dawn Mee Cueing



NOTE *
**TEMPORARY
LOCATION**

Pre-Rounds 6:00
Squares/Rounds/Lines
6:30 – 9:00

COWTOWN DANCE HALL

**15950 Van Buren
Boulevard
Riverside 92504**

For Info: 951-676-5216
www.grapestompers.net
CCHA & PSDA Affiliate

\$10.00



Our January Dance





January Grape Stomper Social



FO-141
Gnat



MiG -19
Farmer



B-29A Superfortress





Cowtown Singles with Dennis Young



Shirts 'n Skirts with Deborah Carroll-Jones



Twirlers with Johnny Preston

**SQUARE
UP!**



Sandpipers with Mike Seastrom







Fiesta 2023



73rd Fiesta de la Cuadrilla

Square & Round Dance Festival

March 24, 25, 26 2023

NEW VENUE 2023 Only



University of San Diego,
Hahn Student Center, San Diego, CA

Featured Callers

TED LIZOTTE (NH)

JOE SALTEL (TX)

STEVE MOORE (CA)

Featured Cuers

DEBBY & TIM VOGT (NV)

BILL & BETH DAVENPORT (CA)

REY & SHERRY GARZA (CA)

Social Square Dancing, Plus Level, Advanced, Round Dancing, Hex Dancing

Come dance on the beautiful wood floors of the University of San Diego

62nd California State Square Dance Convention



Ray Brendzy
Canada



Michael Kellogg
California

Yuba-Sutter
Fairgrounds
Yuba City, CA



Steve Edlund
Canada



Darryl Lipscomb
Oklahoma



MaryAnn Callahan
& Craig Cowan
California



Sharon & Casey
Parker
California

April 21—23, 2023

Mainstream/SSD
Plus - Advanced
Challenge
Rounds PH 2-5
Trail End Dance
After Party
Caller Clinic
Silent Auction
Opportunity Quilt
Drawing
RV Parking on Grass
Fun-Fun-Fun
Singles Welcome!

Trail's End Dance
Thursday Evening
7:30 - 10:00 pm



Ray Brendzy

Friday Warm-Up Dance
3:00 - 5:00 pm

Featuring Callers from the
Caller Clinic



Square Dance Attire Admired but Not Required on Friday & Saturday Evenings
This event qualifies for the California Council of Square Dancers, Inc. Friendship Badge

CONTACT General Chairmen: Katie Pearce: 916.606.9738 & Bonnie Abramson: 916.213.3640

Chairmen@CAState2023.org

Online Registration at www.CAState2023.org / Online Deadline: April 18 / Mail-In Deadline: April 8

Sponsored by the California Council of Square Dancers, Inc.

Northern California Square Dancers Association 70th Annual

GOLDEN STATE ROUND UP

Lodi Grape
Festival Fairgrounds
413 E. Lockeford St
Lodi, California

May 26, 27, 28, 2023

FEATURED STAFF



JOHNNY
PRESTON
CALIFORNIA



DAN
NORDBYE
OREGON



KIP
GARVEY
CALIFORNIA



MIKE
SEASTROM
CALIFORNIA



REY & SHERRY
GARZA
CALIFORNIA

5 DANCE HALLS
SSD • Mainstream • Plus
Advanced • Rounds • Youth



FRIDAY NIGHT NEWER DANCER
DANGLE DANCE

SATURDAY NIGHT AFTER PARTY
and ICE CREAM SOCIAL

SUNDAY NIGHT DANCE PARTY

ON SITE CAMPING

TO REGISTER ONLINE: WWW.NCSDA.COM

Swisstrax
World's Finest Modular Flooring





February Dances

| Date | Club | Venue | Cuer/Lines | Caller | Theme |
|------------|--|--|--|--|----------------------------------|
| Fri Feb 3 | Cowtown Singles | Cowtown 15950 Van Buren Riverside | Jennifer Hunt Rounds 6:30 | Frank Lescrinier MS/ Plus 7:30 – 10:00 | |
| Fri Feb 3 | Ocean Wavers Vaccine card req. | Woman's Club 3320 Monroe Carlsbad | Bill Davenport Rounds 6:45- 7:30 | Pat Carnathan 7:30-9:30 SSD | Have a Heart Benefit Dance |
| Sat Feb 4 | PSDA Anniversary Visitation | Seven Oaks Com. C. 16789 Bernardo Oaks Dr. Rancho Bernardo | Bill Davenport 6:00 | Don Schadt 6:30 – 7:30 SSD 7:30 – 8:45 Plus | 73rd Anniversary |
| Sat Feb 4 | Redlands B & Bs | Redlands Com.Center 111 W. Lugonia Ave. Redlands | Rounds Neil Booth 1:30 | Steve Woodard MS/Plus 2:30 – 5:00 | 70 th Anniversary |
| Fri Feb 10 | Riverside Single Swingers | Wesley Methodist Ch. 5770 Arlington Ave. Riverside | Jennifer Hunt 7:00 | Ken Ritucci 7:30 – 10:00 | Hearts and Flowers |
| Sat Feb 11 | Thunderbirds | James Woody C. C. 13467 Navajo Road Apple Valley | Sandy Butler Lines 6:00 | Shauna Kaaria SSD//Plus 6:30 – 8:45 | Cupid Shuffle |
| Sat Feb 11 | Whirlaways Vaccine card req. | Westminster Presby. Fel- lowship Hall 1500 S. Juniper St. Escon- dido | Dawn Mee Rounds 7:15-7:45 | David Mee 7:45-9:45 | Hearts and Darts |
| Sun Feb 12 | Menifee Twirlers | North Town Hall 26850 Sun City Blvd. Menifee | Rey Garza 1:30 Rounds | Ken Ritucci MS/Plus 2:30 – 5:00 | Tailgate Party |
| Fri Feb 17 | Calico Quails | Redlands Sen. Center 111 W. Lugonia Ave. Redlands | Heather Haworth Rounds 7:00 | Shauna Kaaria MS/Plus 7:30 – 9:45 | |
| Fri Feb 17 | Wranglers Vaccine card req. | Seven Oaks Com. C. 16789 Bernardo Oaks Dr. Rancho Bernardo | Rey Garza 5:45 – 6:15 Rounds | Steve Moore 6:15 – 7:15 Plus 7:15-8:45 SSD | Still Valentine's Time |
| Sat Feb 18 | Temecula Grape Stompers | Mary Phillips Center 41845 Sixth Street Temecula | Rey Garza 6:00 Rounds | Mike Sikorsky 6:30 – 9:00 Plus | Swing Your Sweetheart |
| Fri Feb 24 | Riverside Single Swingers | Wesley Methodist Ch. 5770 Arlington Ave. Riverside | Jennifer Hunt 7:00 Rounds | Steve Woodard 7:30 – 10:00 MS/Plus | Party Like it's Mardi Gras |
| Sat Feb 25 | Sunkissed Squares Visitation | Redlands Com.Center 111 W. Lugonia Ave. Redlands | Heather Haworth Rounds 7:00 | Pat Carnathan MS/Plus 7:30 – 10:00 | Mardi Gras |
| Sat Feb 25 | Sandpipers | Woman's Club 3320 Monroe Carlsbad | Rey Garza Rounds 6:45 | Shauna Kaaria ? 7:30 – 9:30 | Valentine's Day Dance |
| Sun Feb 26 | Cowtown Singles | Cowtown 15950 Van Buren Riverside | | Brent Lively 2:00 – 4:30 SSD/MS/Plus | |

Note: Dances for the other 15 CCHA clubs are listed in the Yellow Book and in weekly reports on the CCHA Facebook page.
Color flyers and updates for all the PSDA dances can be found at Palomarsda.org.